

## **Guidelines for Resumption of Riding Lessons**

Biosecurity measures are based on the known areas of transmission of disease, through direct human interaction and by contact with common shared surfaces.

### **In the Barn**

Barn surfaces are disinfected between individual use by staff and clients. Soap and disposable towel, hand sanitizer, and disinfectant will be available to everyone in all common areas, such as:

- washrooms
- tack rooms
- grooming areas
- water stations, wash stalls
- where common equipment such as wheelbarrows and shovels are stored
- at the entrance and exits to the barn and arena
- in the office.

Posters providing proper hand washing technique are provided in common areas and washrooms.

Some of the barn surfaces to be disinfected between uses include:

- water and feed buckets wheelbarrow/shovel/broom handles
- cross-ties lead ropes
- halters tack (including all tack, boots and bits)
- grooming supplies stall and barn door handles
- water taps and hoses

### **Client Lessons:**

Lessons will be available to advanced riders only. Only one person capable of preparing the horse for a lesson would be allowed. The rider will handle the process independently in order to maintain social distance. Riders not capable of the task would not be booked for lessons at this stage. All riders will be booked so that social distancing may be adhered to while preparing their horses in the barn.

Lessons will be held in outdoor arenas no smaller than 20 x 60 meters or an indoor arena which has one end completely open to the outside during lessons. No more than four riders and two coaches/instructors will be in the arena at a time.

Gloves are mandated in our sport for this activity and will be of a material that can be washed or disinfected.

Masks will be recommended or mandated as per provincial guidelines.

An online questionnaire or other method of answering the following questions will be provided for each client to complete and submit before each lesson.

- Have you recently been sick?
- Is anyone in your household sick?
- Do you have a fever or a cough?

Lessons would have staggered entry and exit times in order to control all access.

No cash transactions will take place. Payment for services will be made electronically.

**Essential service providers for horses:**

Veterinarian and Farrier appointments will be scheduled during times when clients will not be present, allowing time for disinfection before and after they are scheduled.

**Visitors:**

There will be no visitors allowed during this stage.

Parents will not be permitted in the barn.

Parents or any accompanying adult who wish to watch a lesson, must remain outside and maintain social distancing or they will be asked to wait in their vehicles. Only one accompanying adult per student will be allowed on the premises and they must be registered with the stable, along with their contact information.

**Deliveries:**

Delivery of grain, hay, etc. will be arranged at times when the stable is not opened to the public.